



MAY 2026

GLEN ROCK

Elementary/Pre-K Lunch



POMPTONIAN
FOOD SERVICE

MONDAYS

SunButter & Jelly Sandwich w/ Pretzels & String Cheese

Paris Café: Assorted Cheeses w/ Sweet Grapes & a Baguette Slice or Mini Croissant

Grilled Chicken Caesar Salad w/ a Dinner Roll

TUESDAYS

Boar's Head Turkey BLT Roll-Ups

Grab 'n Go Yogurt Box: Yogurt w/ String Cheese, Pretzels & Fruit

Healthy Hummus Meal w/ Pita Triangles & Pretzels

Plant-Based Meatball Hero

WEDNESDAYS

Wild West: Boar's Head Ham w/ Cheese on a Whole Grain Wrap

Peach Yogurt Parfait w/ Granola

Grilled Chicken Cobb Salad w/ a Dinner Roll

Plant-Based Tenders w/ Tortilla Rounds

THURSDAYS

Grilled Chicken Caesar Wrap

Bagel Lunch: White or Whole Grain Bagel w/ Cream Cheese, Fruit & Vegetable

Chicken Chopped Salad w/ Ranch Dressing & a Roll

Black Bean Burger on a Bun

FRIDAYS

Boar's Head Italian Sub

Cereal Lunch w/ a Low-Fat Cheese Stick, Yogurt & Fruit

Chicken Salad Bento Box w/ Grapes & Pita Bread

Impossible Burger on a Bun

					1 Baked Organic Mac & Cheese: Organic Pasta, Organic Cheddar Cheese & Organic Milk Pizzeria Pizza Baked Mozzarella Sticks w/ Marinara Sauce and Sweet Corn Double Hot
4 Homemade Macaroni & Cheese w/ Italian Bread Pizzeria Pizza Popcorn Chicken w/ Mashed Potatoes & a Dinner Roll Double Hot	5 Cheeseburger w/ Sweet Potato Fries Beef Burger w/ Sweet Potato Fries Vegan Impossible Burger w/ Sweet Potato Fries Pizzeria Pizza Chicken Torta Sliders Double Hot	6 Boneless Chicken Wings w/ BBQ Sauce & French Fries Pizzeria Pizza Beef Nachos w/ Scoops Double Hot	7 Organic Beef Burger on a Brioche Bun w/ Organic Cheddar Cheese & Ketchup w/ Fresh Baked Seasoned Potato Wedges Pizzeria Pizza Chicken Teriyaki Bowl w/ a Fortune Cookie Double Hot	8 BBQ Beef Rib w/ Mashed Potatoes Pizzeria Pizza Pasta & Meatballs w/ a Dinner Roll Double Hot	
11 French Bread Pizza Pizzeria Pizza Mozzarella Sticks w/ Marinara Sauce & Italian Bread Double Hot	12 Chicken Parmesan on a Bun Pizzeria Pizza Chicken Nuggets w/ French Fries Double Hot	13 3-Cheese Cavatappi w/ a Dinner Roll Pizzeria Pizza French Toast Sticks w/ Syrup, a Sausage Patty & Hash Brown Potatoes Double Hot	14 Baked Organic Mac & Cheese: Organic Pasta, Organic Cheddar Cheese & Organic Milk Pizzeria Pizza Popcorn Chicken w/ Tater Tots & a Dinner Roll Double Hot	15 Sabrett All-Beef Hot Dog w/ Waffle Fries Pizzeria Pizza General Tso's Chicken w/ Rice & Broccoli Double Hot	

18	Cheese Stuffed Shells in Pink Sauce w/ Mixed Veggies	19	Large Hearty All-Natural Chicken Soup w/ a Whole Grain Roll	20	 Organic Chicken & Cheese Quesadilla or Organic Cheese Quesadilla w/ Chips	21	Teriyaki Chicken w/ Local Baby Bok Choy Vegetable Fried Rice	22	 Organic Beef Burger on a Brioche Bun w/ Baked Seasoned Potato Wedges
	Pizzeria Pizza		Pizzeria Pizza		Pizzeria Pizza		Pizzeria Pizza		Pizzeria Pizza w/ Side Turtle Shell Pasta Salad
	Chicken Nuggets w/ Dipping Sauce & Dinner Roll Double Hot		Baked Ziti w/ Garlic Bread Double Hot		Chicken Fillet on a Bun w/ Mashed Potatoes Double Hot		Pasta w/ Meat Sauce Double Hot		Chicken & Waffles Double Hot
25	MEMORIAL DAY NO SCHOOL	26	Homemade Tomato Soup w/ a Grilled Cheese Sandwich	27	French Bread Pizza	28	BBQ Pulled Chicken on a Kaiser Roll w/ French Fries	29	 Organic Meatloaf w/ Roasted Organic Red Potatoes & Sweet Carrots
			Pizzeria Pizza		Pizzeria Pizza		Pizzeria Pizza		Pizzeria Pizza
			Pancakes w/ an Egg Patty Double Hot		Appetizer Sampler Double Hot		BBQ Rib on a Bun w/ Mixed Veggies Double Hot		Firecracker Chicken Wrap w/ Red, White & Blue Yogurt Parfait Double Hot


Go to <https://glenrock.pomptonianmenus.com/order> to place an order by credit card.



Fruits & vegetables from The Farm Stand are included with lunch.



Allergy-Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

- Traditional Lunch - \$5.15 per meal
- Double Hot Traditional Meal - \$6.75
- Boar's Head Deli & Featured Favorite Lunches - \$5.90 (Double Hot not available)
- Premium Lunch - \$6.15 (Double Hot not available)
-  Organic Lunch - \$7.40 (Double Hot not available)
- 2-Slice Pizza Meal - \$6.50

Upgrade your Milk Selection!
Add an Organic Milk or Organic Chocolate Milk to your order for \$3.00 found in the BEVERAGE OR SNACK menu

A Complete Meal Includes:
Entrée w/ Protein/Grain
A Trip to The Farm Stand
Low-Fat Flavored Milk, Skim Milk, 1% Milk, or 4 oz. Pure Fruit Juice

Any questions, call Food Service Director at 201 445-7700 ext. 8965
Menu Subject to Change

Everything on this Menu is baked not Fried
Your comments are important to us. Please email us at comments@pomptonian.com